

CONCERNED ABOUT DRIVING SAFETY?

There are more than **41 million** licensed drivers age **65 and older** on the roads, up from **26 million** 20 years ago.

Federal Highway Administration

As a person ages, changes in health—including problems with vision, hearing, and reflexes—may affect driving skills. The risk of being injured or killed in a motor vehicle crash also increases.

If you are worried about a family member or friend putting themselves or others at risk on the road, **take these steps:**

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► **Observe** the person's driving skills.

► **Look** for signs the person may need to stop driving, such as accidents, traffic tickets, complaints, or anxiety about driving at night.





▶ **Talk** with him or her about driving. Be positive and supportive. Avoid confrontation. Focus on:

⚠ **Safety.** Discuss the driver's skills, not his or her age.

⚠ **Maintaining independence.** Find out about local services to help someone who can no longer drive.



Visit <https://www.nia.nih.gov/health/older-drivers> to learn more about safe driving for older adults.

