CONCERNED ABOUT DRIVING SAFETY?

There are more than 41 million licensed drivers age 65 and older on the roads, up from 26 million 20 years ago.

Federal Highway Administration

As a person ages, changes in health—including problems with vision, hearing, and reflexes—may affect driving skills. The risk of being injured or killed in a motor vehicle crash also increases.

If you are worried about a family member or friend putting themselves or others at risk on the road, take these steps:

- **Observe** the person’s driving skills.

- **Look** for signs the person may need to stop driving, such as accidents, traffic tickets, complaints, or anxiety about driving at night.
Talk with him or her about driving. Be positive and supportive. Avoid confrontation. Focus on:

- **Safety.** Discuss the driver’s skills, not his or her age.
- **Maintaining independence.** Find out about local services to help someone who can no longer drive.

Visit https://www.nia.nih.gov/health/older-drivers to learn more about safe driving for older adults.