

# Worksheet: Questions To Consider Before Moving an Older Adult Into Your Home



In some cases, it makes sense for an older parent, relative, or friend to move into your home so you can take care of them. If you're considering whether that's the right arrangement for you, here are some questions to think about:

Is there space in your home? Is the home safe and accessible for an older person?

How does the older person feel about moving into your home? How do you and others in the household feel about it? Do you get along well?

Is someone around to help the older person during the day? Is transportation available?

What is the older adult able to do for themselves? What do they need help with?

What personal care are you willing and able to provide – for example, moving the person from a chair to a bed or toilet, giving medications, changing incontinence pads, or bathing?

Are there other family members, friends, or neighbors nearby who can help care for the older person?

What services for older adults are available in your community? Can you afford to hire professional services to assist with caregiving?

What kind of specialized medical care is available nearby? Will the person have to switch doctors or other health care providers?

What other living options are available? Have you considered all the alternatives?