
Travel Instructions for National Institute on Aging Director's Regional Meeting in Aurora, Colorado

**** Please note:** Travel and lodging expenses are on your own. ******

Date: Wednesday, November 8, 2017 (8:00am to 5:00pm)

Meeting Location: Nighthorse Campbell Native Health Building
University of Colorado
Anschutz Medical Campus
13055 E. 17th Avenue
Aurora, CO 80045

Hotel Location: SpringHill Suites Denver at Anschutz Medical Campus
13400 E. Colfax Avenue
Aurora, CO 80045
(720) 859-1100



Travel Information

Travel to/from Denver International Airport to SpringHill Suites Denver

By Lightrail

The Denver Airport Station is on the south side of DIA. Take the University of Colorado A line (towards Union Station). Fare is \$9. Disembark at Peoria Station and transfer to the R line (towards Lincoln Station). Fare is \$2.60. Disembark at Colfax Station. You'll be about three blocks from the hotel (approx. 8 minute walk). Total approximate travel time is one hour. Use the Trip Planner tool at the RTD website for schedule information: <http://www.rtd-denver.com/>

* Active duty members of the U.S. military currently ride for free on all RTD services. See conditions: <http://www.rtd-denver.com/militaryRides.shtml>

** SpringHill Suites does have a shuttle that operates within a 3-mile radius of the hotel which could be used for pick up from the lightrail station. Specifics should be inquired about through SpringHill Suites concierge at 720-859-1100.

By Taxi/Uber/Lyft

Taxi: Taxicabs pick-up and drop-off on Level 5, Island 1, outside Doors 505, 507 and 511 (Terminal East), and Doors 506, 510 and 512 (Terminal West). Cost ranges from \$30-40. Popular taxi companies are Yellow Cab (303-777-7777) or Union Taxi (303-922-2222).

Uber: You will need to download the app in order to request an Uber car. Cars pick-up on Level 6. Note the number on the door you exit from (e.g., 606) as you will likely need to enter this information when you request a car. Cost is approx. \$25.

Lyft: You will need to download the app in order to request a Lyft car. Cars pick up on Level 6. Note the number on the door you exit from (e.g., 606) as you will likely need to enter this information when you request a car. Cost is approx. \$25.

By Car Service

Express Limo and Car Service; \$50 USD (one way); reservation required
Kiki Abebe – 720-288-4045 or 303-500-9544

By Shuttle

There are multiple shuttle services you can reserve prior to arriving in Denver. For a full list: https://www.flydenver.com/parking_transit/transit/shared-vans. Shuttle services pick-up and drop-off on Level 5, Island 5, outside Doors 505-507 (Terminal East) and 510-512 (Terminal West).

Travel to/from SpringHill Suites to Meeting Location

It's easiest to walk from the hotel to the Nighthorse Campbell Native Health Building. It's a 10-15 minute, depending on your speed. See the map below for instructions.

** SpringHill Suites does have a shuttle that operates within a 3-mile radius of the hotel which could be used for drop off/pick up from the training location. Specifics should be inquired about through SpringHill Suites concierge at 720-859-1100.

Dining Information

Breakfast

Complimentary continental breakfast is provided by SpringHill Suites.

Lunch

Your lunch will be available for pickup outside of the meeting room. ***Credit or Debit card only.***

Dinner

Near the hotel are a few options for dinner. Panera Bread is a short walk west on Colfax Ave. If you walk east on Colfax Ave. (on the corner of Potomac and Colfax), there is Chipotle, Noodles & Co., Smashburger, and Nom Nom Asian Grill. It's about a 6 minute walk. Cedar Creek Pub, which is on the north side of the Anschutz Medical Campus, is also open for dinner. It's approx. a 20 minute walk from the hotel, but SpringHill Suites might provide a shuttle service, if requested.

Things To Do

Denver is a growing city and there are numerous attractions you can visit. For a good list, see <http://www.denver.org/things-to-do/>

Weather

Denver averages a daily maximum **temperature** for **November** that's between 47 and 58 °F. The minimum **temperature** usually falls between 22 and 28 °F. Do as Coloradoans do and make sure you bring layers!

