

BONN LONGITUDINAL STUDY OF AGING (BOLSA)

Chronically ill and healthy persons are compared on the basis of their health, cognitive ability, and social competence. This data was then cross-referenced with socio-economic status, gender and other social variables, including coping styles to learn that there is a high degree of consistency in patterns of aging. Subjects were relatively healthy because they had to be able to stay one week in Bonn. This factor might have contributed to a positive selection.

Listing of study variables & measurement of variables

- medical examination
- socio-economic status
- structured interviews
- life history
- leisure-time activities
- social participation
- life space questions
- life satisfaction
- time perspective
- physical examination
- past, present social, psychological and physical status
- intelligence
- WAIS
- Ravens progressive matrices
- Thematic apperception test
- Riegel inventories
- Z-test
- psychomotor performance
- Personality: assessed through a rating of behavior in a natural setting.